



WCSA

Judges Seminar

Attitude

2020 WCSA Judges Seminar

**ATTITUDE
IS
EVERY THING**





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What is Attitude

definition

- A settled way of thinking or feeling about something
- The way a person views something or tends to behave towards it
- The way you think and feel about someone or something
- A way of thinking or feeling that affects a person's behaviour



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What is Attitude and why does it matter for a judge?

An attitude can be as a positive or negative evaluation of people, objects, events, activities, and ideas.

Your attitude can be largely based on your understanding of the rules.

Attitude can be based on your feelings and behavior during stressful situations. These feelings can be due to being:

- Excited
- Concerned
- Confused
- Threatened



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Three Judging Types

(1) – The Leader

There are Judges that are good leaders, have the ability to inspire and encourage the judges commission, to organize and manage a competition.

These Judges generally have a positive attitude towards a competition.





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(2) – The Doer

There are Judges that actively participate in a competition, they are able to think ahead and foresee problems and suggest solutions to the benefit of the organisers and the Judges Commission.

They can make decisions under pressure.





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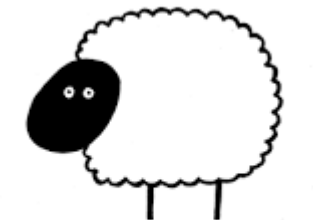
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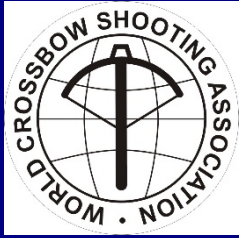
(3) – The Follower

Then there are those Judges that do only what they are told. They follow the rules, notwithstanding this they sometimes do not carry out their duties due to a lack of confidence or maybe a lack of understanding of the rules.

They often require the support of their chairman during the decision making process.



Don't follow me
I haven't got a clue



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Three Judging Types

Which are you?

1. Leader
2. Doer
3. Follower





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Key factors in maintaining a positive attitude:

Staying alert and focused.

There is nothing worse than making a decision on something that you missed seeing. It can, and often does, lead to making the wrong decision or even no decision at all.

- Be diligent and pro-active
- Do the most difficult thing
- Talk about what works and what doesn't work
- Relate to positive people
- Remember everyone is doing their best.





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Key factors in maintaining a positive attitude:

Think ahead and be prepared.

If you have prepared for each stage of the competition the mistakes will be few. Take the time to refresh your mind and body prior to each stage.

- Know your timings
- Know the shoot off procedures
- Know the equipment failure routines
- Know the signals
- Remember everyone is doing their best.





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